

Mount Sinai High School

THE MUSTANGS



Parents/Guardians:

We are moving to an online platform, Rank One for athletic paperwork/physicals this year. I hope in doing this, it will be more convenient for the parents as well as the coaches. Please see below the step by step instructions on how to ensure your child is eligible to participate in sports this upcoming 2022-2023 school year.

1. [Online Forms \(rankonesport.com\)](https://rankonesport.com)

- To access the online forms, select “Proceed to Online Forms” below.
 - You will then be prompted to create a Parent Account or Continue as Guest to complete the online forms.
 - Click [HERE](#) (PowerPoint instructions online) for instructions on how to create a Parent Account.
 - In order to complete the forms, you may be asked to provide your student’s ID number and/or Date of Birth along with other demographic information.
 - If you have any questions, please contact the athletic department.
2. All Athletes must complete the electronic forms to be cleared for sports participation: The required forms are – Athletes Contract, Emergency Contact and Health History. An email confirmation upon the successful submission of each form will be sent directly to you.
 3. It will be necessary to provide a hard copy of the Physical Examination form to the Nurse in the school your child attends. Physical examination forms must be dated and signed by a physician. Physicals must be completed after June 1, 2022 for the 2022-2023 school year. All other documents can be completed electronically.
 4. Please allow approximately four days for the nurse to clear your child for participation.

Sincerely,

Scott Reh

Director of Athletics, Nurses, PE, Health, Buildings, Grounds and Security