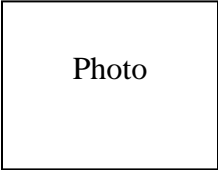


Emergency Hypoglycemia (low blood glucose) Care Plan For a Student with Diabetes



Student's Name _____

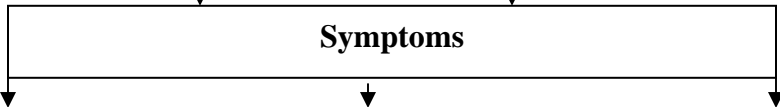
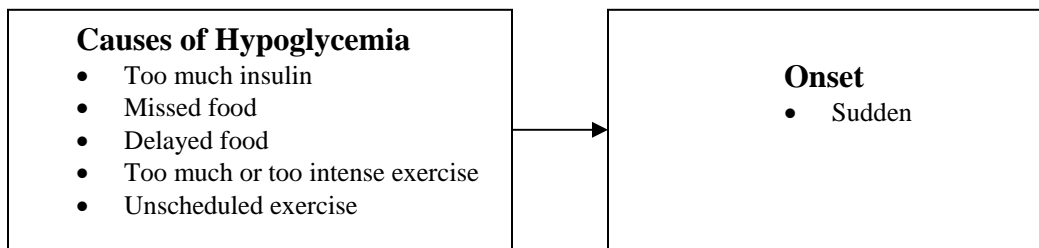
Grade/Teacher _____ Date of Plan _____

Mother/Guardian _____ Father/Guardian _____

Home Phone _____ Work Phone _____ Cell _____ Home Phone _____ Work Phone _____ Cell _____

School Nurse/Trained Diabetes Personnel _____ Contact Number(s) _____

Never send a child with suspected low blood sugar anywhere alone.



| Mild | Moderate | Severe |
|---|---|--|
| <ul style="list-style-type: none"> ❖ Hunger ❖ Shakiness ❖ Weakness ❖ Paleness ❖ Anxiety ❖ Irritability ❖ Dizziness | <ul style="list-style-type: none"> ❖ Sweating ❖ Drowsiness ❖ Personality Change ❖ Inability to Concentrate ❖ Other _____ | <ul style="list-style-type: none"> ❖ Headache ❖ Behavior Change ❖ Poor Coordination ❖ Blurry Vision ❖ Weakness ❖ Slurred Speech ❖ Confusion |
| <ul style="list-style-type: none"> ❖ Other _____ | <ul style="list-style-type: none"> ❖ Other _____ _____ _____ | <ul style="list-style-type: none"> ❖ Loss of Consciousness ❖ Seizure ❖ Inability to Swallow |
| Circle Student's Usual Symptoms | Circle Student's Usual Symptoms | Circle Student's Usual Symptoms |

Action Needed

Notify School Nurse if available, or Trained Diabetes Personnel. If possible, check blood sugar, per Diabetes Medical Management Plan. When in doubt, always TREAT AS IF IT IS HYPOGLYCEMIA

| Mild | Moderate | Severe |
|---|--|---|
| <ul style="list-style-type: none"> ❖ Student may/may not treat self: ❖ Provide quick-sugar source <ul style="list-style-type: none"> ○ 3-4 glucose tablets or 6 oz. regular soda or 3 teaspoons glucose gel ❖ Wait 10-15 minutes ❖ Recheck blood glucose ❖ Repeat food if symptoms persist or blood glucose is less than _____ ❖ Follow with a snack of carbohydrate and protein (e.g. cheese and crackers) | <ul style="list-style-type: none"> ❖ Someone assists ❖ Give student quick-sugar source per MILD guidelines ❖ Wait 10-15 minutes ❖ Recheck blood glucose ❖ Repeat food if symptoms persist or blood glucose is less than _____ ❖ Follow with a snack of carbohydrate and protein (e.g. cheese and crackers) | <ul style="list-style-type: none"> ❖ Don't attempt to give anything by mouth ❖ Position on side, if possible ❖ Contact school nurse, if available, or trained diabetes personnel ❖ Administer glucagon, as prescribed. Dose: _____ ❖ Stay with student |